



Technology 101 for Parents

PARENTAL CONTROLS AND ONLINE SAFETY

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Introduction

- Kids have been online more than ever in the past year
- Things are new to all of us
- Dangers / why not?
- Turn off the wifi?
- Confiscate the devices?



Devices

Computers

- PC
- Mac
- Chromebook

Tablets

- iPad
- Android

Smart Phones

- iPhone
- Android

eReaders

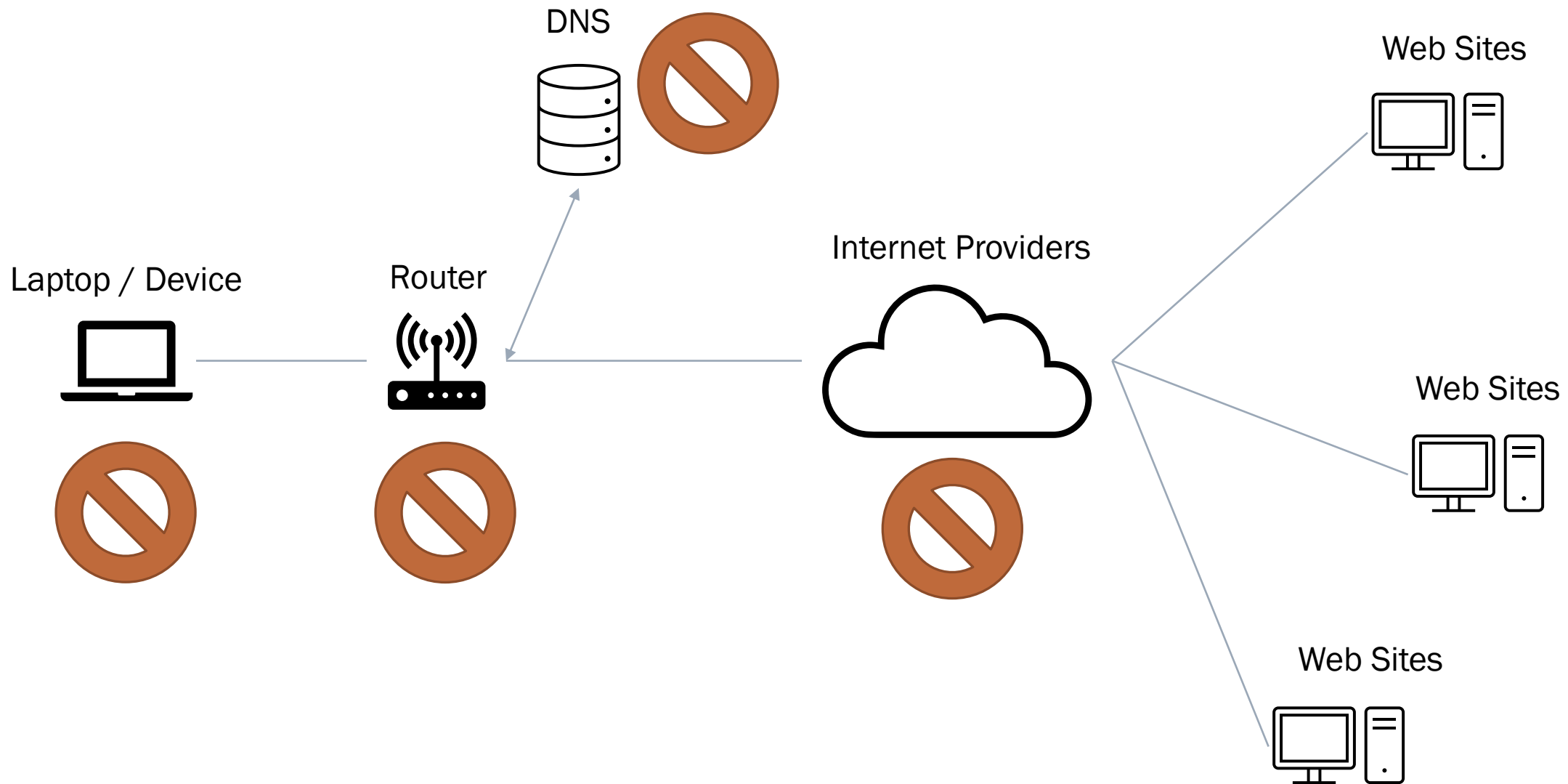
- Kindle
- Nook

IoT – Internet of Things

- TVs
- Game systems
- Watches
- Speakers
- Refrigerators
- Cars



["5 Top Rated Tablet PCs"](#) by [sidduz](#) is licensed under [CC BY 2.0](#)



“Ultimately this is not a technology problem but a behavior and values problem.”

- CHRIS PIZOR
 - OUCH! Newsletter: Online Security for Kids, September 2020

Education / Communication

No technology is perfect

Kids will be online elsewhere

Communication before technology

Teach kids to behave online

Set expectations

Ask kids to teach you

Lead by example

Read content reviews (apps/movies/etc)

Terms of Service (what age kids are allowed)

Example Expectations



- Times when devices / apps are allowed and for how long
- Types of websites / apps and why they are appropriate or not
- Information sharing online (no secrets online)
- What to do about problems
- How to treat others
- Tricky people online
- Device locations, especially at night
- Chat & friend requests
- Online spending plans

Free Parental Control Software

- Apple Guided Access
- Apple Screen Time
- Amazon Kids (recently renamed from Amazon FreeTime)
- Microsoft Family Safety
- Google Family Link
- Qustodio



Free Parental Control Software

Apple Guided Access

- Great for younger kids
- Lock IOS devices on a specific app
 - Settings > Accessibility > Guided Access
- We have used this for listening time, drawing time, etc

Apple Screen Time

- Works for Apple IOS devices
- Set up household with child accounts
- Can define always on apps
- Set time limits for others
- Approve requests for more time
- Review usage history
- Configure content rules
- We use this to always allow school and some chat apps, and set daily limits for the rest
- Note we still do not share device unlock code or the child Apple ID password with the kids (yet)

Free Parental Control Software

Amazon Kids

- Recently renamed from Amazon FreeTime
- Works with Kindle devices
- Strong controls
- Can allow specific books/apps
- Cannot control side loaded apps
- We use this to make the Kindle a dedicated reading only device, with only previously approved books.
- Device is locked at bedtime for the night

Microsoft Family Safety

- Can set Windows application time limits
- Browsing history reports
- Web site and application restrictions
- Kids can request time for their restricted apps
- Also works with Android, though I have not tried it
- We use this to limit game times and report on browsing habits
- To get the most control and reporting only allow Edge web browser

Free Parental Control Software

Google Family Link

- Works for managing Android and ChromeOS devices
- Can run the parent dashboard on iOS, but cannot control iOS devices

Qustodio

- Free for one device, \$54.95 per year for 5 devices
- Works with many device types

Free Parental Control Software

- Also consider setting controls within specific applications
 - For example Roblox accounts can have a PIN to control which games are played and chat can be disabled
- Use separate child accounts on shared computers
- Smart TV & streaming services PIN codes
- OpenDNS

Resources

Online Security for Kids

- <https://www.sans.org/security-awareness-training/resources/online-security-kids>

Best Free Parental Control Software

- <https://www.digitaltrends.com/computing/best-free-parental-control-software/>

Media & App Reviews

- <https://www.common sense media.org/>
- <https://www.pluggedin.com/>
- <https://dove.org/>



Questions?



Thank you!